The Bridge

"Seeing things differently"

Listonshiels Apartments



Specialist community registered support for individuals with learning disabilities, autism, complex needs and behaviours that challenge.

CARING | SAFE | INNOVATIVE | CREDIBLE | EXPERT | OPEN MINDED

Helping people live life the way they want to.

The Bridge Care provides community-based. registered support focused on individual's unique needs. We offer the ideal environment and personalised support to help people with complex needs and behaviours that challenge, live happily and safely in the community.

Our experienced team and individual accommodation options are entirely flexible to suit the needs of people with learning disabilities, autism, complex needs and behaviours that challenge.

Everyone & Everything Matters to Us.

We believe in a person-centred approach that fully involves the individual and their support network.

- Care management can feel confident we will offer a fresh outlook for an individual requiring specialist support.
- Families can rest assured they're loved ones will live in a safe and supportive environment.
- And of course, the people we support live a meaningful and rich life to their own unique circumstances.



We Respond Flexibly To Changing Needs.

We understand that complex care needs are not static. It's why we always actively encourage people to communicate their needs. By ensuring our team understand why a behaviour occurs we can agree how best to respond. This gives people control over their support, without their needs being adversely affected by any changes that may occur.

Our individual homes are spacious and designed to cater to a range of requirements.

Each home can also be further adapted as part of a comprehensive environmental assessment.

Positive Behaviour Support (PBS) underpins everything we do. We help people to live the life they want by giving them as much choice, freedom, autonomy and independence as they are comfortable with, along with a positive approach to risk that allows a real quality of life.

OUR CORE VALUES:

Behaviour Shapes Everything We Do

We use Positive Behavioural Support and evidence-based approaches to understand behaviour, promote independence, and create safe, nurturing environments where individuals can thrive.

Change Perceptions

See the world through the eyes of the people we support, challenge negative views, and help shape their potential.

Take a Different Outlook

Use our wealth of experience & knowledge to apply innovative approaches & create new opportunities.

Always Remember:

Approach every situation with kindness, patience, optimism, resourcefulness, resilience & forgiveness.

Understand Why Situations Occur

Use evidence-based methods to support individuals effectively & appropriately.

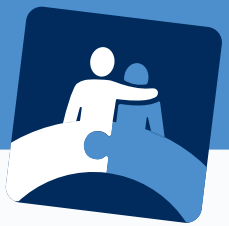
Everyone's Opinion Matters

Encourage collaboration & inclusivity across all levels.

A fresh approach or setting can make a real difference.

We provide truly specialist and bespoke outcome-based support for uniquely complex and challenging individuals. This is underpinned by our approach.

We take a fresh perspective to reinvigorate an individuals' support, helping them to reach and exceed their goals.



1. Initial Assessment

We begin with a thorough, evidence-based assessment led by our behavioural specialists.

2. Support Network

We actively involve family, care management, MDT and natural supports to build a strong, collaborative support system.

3. Environmental Assessment

We assess and adapt each environment to meet individual sensory and functional needs.

4. Personalisation

Support is tailored around each person's unique needs goals, and aspirations.

5. Core Staff Support

A consistent, dedicated team delivers support daily, ensuring continuity and trust.

6. Detailed Preparation

Support plans and risk assessments are in place before move-in and are regularly reviewed.

7. Positive Behavioural Support (PBS)

PBS underpins everything we do, adapting to each person to promote independence and quality of life.

8. Deep Understanding

We use functional behaviour analysis to create stable environments and exceed expectations.

9. Attention to Detail

Daily observations and regular reviews help us spot and respond to changing needs.

10. Engaging Lives

Through active support, we build communication skills, independence, and community connection.

11. Empowered Support

We take a proactive, least-restrictive approach, giving individuals more control and choice in their lives.

What Makes The Bridge Care Different?

Our approach makes a real difference to people with uniquely complex support needs.

Environment

Flexible, single occupancy homes that are designed to meet individual needs.

Staffing

Our specially trained team is supported to succeed, with a focus on retention and career progression.

Professional & Clinical Support

Through positive daily interactions the people we support become increasingly independent.



Outcomes

We focus on achieving a meaningful and engaging quality of life for people.

Sustainability

Our culture, centred around positive behavioural support, ensures our team is understanding, adaptable and resourceful.

Progression

Teaching life skills that allow people to maximise their potential in a way that suits their personalities and needs.



The Right Support In The Right Environment

We understand that everyone is unique. As such we design homes around individuals needs and fully involved the person and others in their support network to strike the right balance.

Complex behaviour can occur for a number of reasons. Often as a response from someone who is unable to make themselves understood in any other way.

This can be due to unique communication difficulties associated with developmental differences, a learning disability or mental illness. It could also be physical or emotional pain, confusion, sensory experience, or any other unique experience. It can be exacerbated or evening triggered by a lack of understanding from support staff, over or under stimulation environment, physical illness and pain.

Not receiving the right support can also lead to people developing further challenging behaviour. That's why getting the right support in the right environment is vital to reducing challenging behaviour and ensuring a better quality of life.



Highly Skilled Staff Equipped With Specialist Training



The people we support benefit from a high level of staffing and support in our homes. Each one of our team is skilled in communication methods and least restrictive approaches. They work in a truly person-centred way using individualised positive behavioural support strategies.

We apply the principles of 'values based recruitment' for new staff. This means we recognise the importance of their value base, along with their attitude and commitment to the people we support, as much as their qualifications and experience. We are a living wage employer and place staff wellbeing and retention at the centre of everything we do. Experience tells us this translates into better outcomes and support for each person living in our homes.

Staff receive comprehensive inductions and specialist training that exceeds the minimum standards. This not only enables them to understand people with complex needs, but also ensures our teams are appropriately trained and resourced to meet the needs of the people we support. Staff then go on to develop specialisms in key competencies, such as supporting people with autism, speech and language difficulties and / or personality disorders, all of which can form key service gaps in community support options.

We train staff in the CITRUS model of support. This British Institute of Learning Disabilities (BILD) accredited training programme promotes positive communication, least restrictive practice and positive behavioural support plans developed within a person-centred framework. The CITRUS model follows the BILD PI training accreditation scheme and is part of the restraint reduction network.

We know that continuity of support is critical. That's why we maintain a consistent core team. All staff are supported to fulfil and develop their roles to promote career progression at all levels. Our management team access ongoing specialist training to constantly build capability in our services.

Professional input delivers early intervention, ongoing support and transitional care. This helps remove the common barriers for individuals to succeed in a community placement. Behavioural specialists are always accessible to provide an objective and alternative viewpoint day to day.

“We understand that everyone sees the world differently, so take the time to appreciate how that looks for each and every person we support”

Developing The Right Home Setting

The right support in the right environment can significantly contribute to settled community living and minimise potentially stressful situations. Everyone perceives the world in a different way, so we recognise this in how we design individual homes. This means careful consideration of what environment best suits a person's needs, ensuring it meets their expectations as a home they'd like to live in.

This approach offers highly individualised and personalised support in small local settings. We work with the individuals and key stakeholders involved to personally tailor their home to their specific requirements. In doing so we ensure any sensory and functional needs as met, as well as personal preferences.

We take care to create environments that support an independent quality of life. Addressing key design principles such as light and ventilation, acoustics, clear lines of sight and orientation, good proportion, reduction in detail and complexity, and most importantly, the ability to tailor different spaces for individual needs.



Our homes are also designed to meet best practice principles *(for example, the Care Quality Commission's guidance on 'Registering the Right Support')* **and we incorporate technology to promote privacy, maximise safety and, particularly for people with autism, limit adverse sensory stimulation.**



THE BRIDGE CARE

Listonsheils Apartments

Spacious community homes in an established residential area close to woodland walks and suburban amenities. At Listonshiels Apartments, people with high support needs live and integrate successfully in a community-based setting.













At Listonshiels Apartments, people with high support needs live and integrate successfully in a community based setting.

- Specialised individual accommodation for unique individuals with more complex support needs.
- Spacious apartments that are flexible for a variety of scenarios with scope for further adaptation.
- Highly personalised and outcome focused support delivered by a well trained team.
- A detailed local understanding of requirements and trusted relationships with commissioners.
- Innovative technology and support model to support efficient and safe delivery of services and improve people's lives.

An Overview of Our Home



At The Bridge Care we see the world through the eyes of the people we support. This means for each person living at Listonshiels Apartments we create a home that is meaningful to their needs through direct consultation with each person and the significant people in their lives. The community location of the home facilitates this to a large extent as outlined below: Listonsheils Apartments set on Bierley Lane in Bradford, approximately 2 ½ miles South of Bradford City Centre with close proximity to Bradford Outer Ring Road and nearby amenities including supermarkets, cinema, restaurants and GP/ dental surgeries.

On the doorstep is Bierley Woods, providing beautiful accessible walks through its bluebell woods, fishing in the lakes and taking in the local wildlife. The local angling club offers membership to anyone wishing to take a further interest. Listonshiels Apartments itself offers seven modern refurbished apartments that are substantial in size at more than double the average apartment size (approximately 100 square metres per flat). This provides a high degree of flexibility to meet a variety of support needs in a flexible and person-centred way. Each apartment has access to external garden space than again can be individually tailored to the person living there. Each individual apartment has been created to offer modern, flexible spacious accommodation to allow people to live successfully in the local community.

There are seven apartments, offering individual, self-contained living for seven people in total. Each home has its own front door with larger than average floorspace for one person to live in. This includes a minimum of one bedroom, a lounge, separate kitchen and a bathroom offering a combination of bath, wet room or both. Additional bedrooms can be adapted to form multi-sensory spaces, or tailored for day time activities that aid practical skills development and compliment community based resources.

As part of our environmental assessment, each home can be adapted to meet an individual's requirements. This allows each person to live in a safe and considered environment that meets their personal circumstances and preferences. There are individual garden spaces that offer a multitude of different accessible spaces, from hardstanding areas, to enclosed lawns through to the nearby woodland canopies of Bierley Woods. There is also ample parking, as well as separate office, training hub and staff areas, as well as shared communal spaces for the people we support and our team to use for activities and hobbies.

We have a wealth of experience in supporting individuals with uniquely complex and challenging support needs that require a fresh approach. The management team are all ARC trainers. Combined with our BILD accredited support model, and PBS practitioners, we strive to enable, stabilise, improve and exceed expectations for the people we support.



The Surrounding Area

Listonshiels Apartments are set in a safe residential setting. The home offers both a spacious and attractive home environment married with a nearby diverse range of community activities that are accessible to all.

The local area offers a broad selection of amenities. The nearby ring road takes you to local shops, cafés and restaurants with a number of major supermarkets and a cinema close by. Conversely within walking distance there is a woodland walk of several miles offering additional lakes for fishing or wildlife to observe and interact with.

The immediate locality also offers good access to health care facilities, regular city centre transport links, sport and leisure facilities. The M62 and M1 motorways are within easy reach taking you to the surrounding areas.





Environment at a glance

- Seven larger than average apartments for individual use.
- Flexible environments that can be adapted to meet specific needs.
- Several gardens with a mixture of different spaces.
- Ample parking and access to transport.
- Easy access to the local community and links to surrounding areas.

“With our experienced team, Listonshiels Apartment can provide fresh thinking and new beginings for the people we support.”

Who We Support



We provide community registered homes for people who require comprehensive support plans and have struggled to settle in alternative forms of accommodation due to their complex needs and behaviours that challenge.

It is anticipated that in many cases existing legal frameworks may exist around an individual or be required in-order-to deliver ongoing care within The Bridge Care. We deliver person-centred, outcome-based support.

This will be focused to meet the requirements of those with the following needs.

1. Individuals who have been deemed as difficult to place in alternative settings, or are looking to step down from a hospital setting.

2. People with autism with associated complex needs and behaviours that are perceived to challenge services.

3. Individuals with a learning disability and forensic histories who potentially pose a significant risk to themselves and others.

4. Older children with learning disabilities and/or autism coming through transition services to adult services (16+) who require higher levels of support.

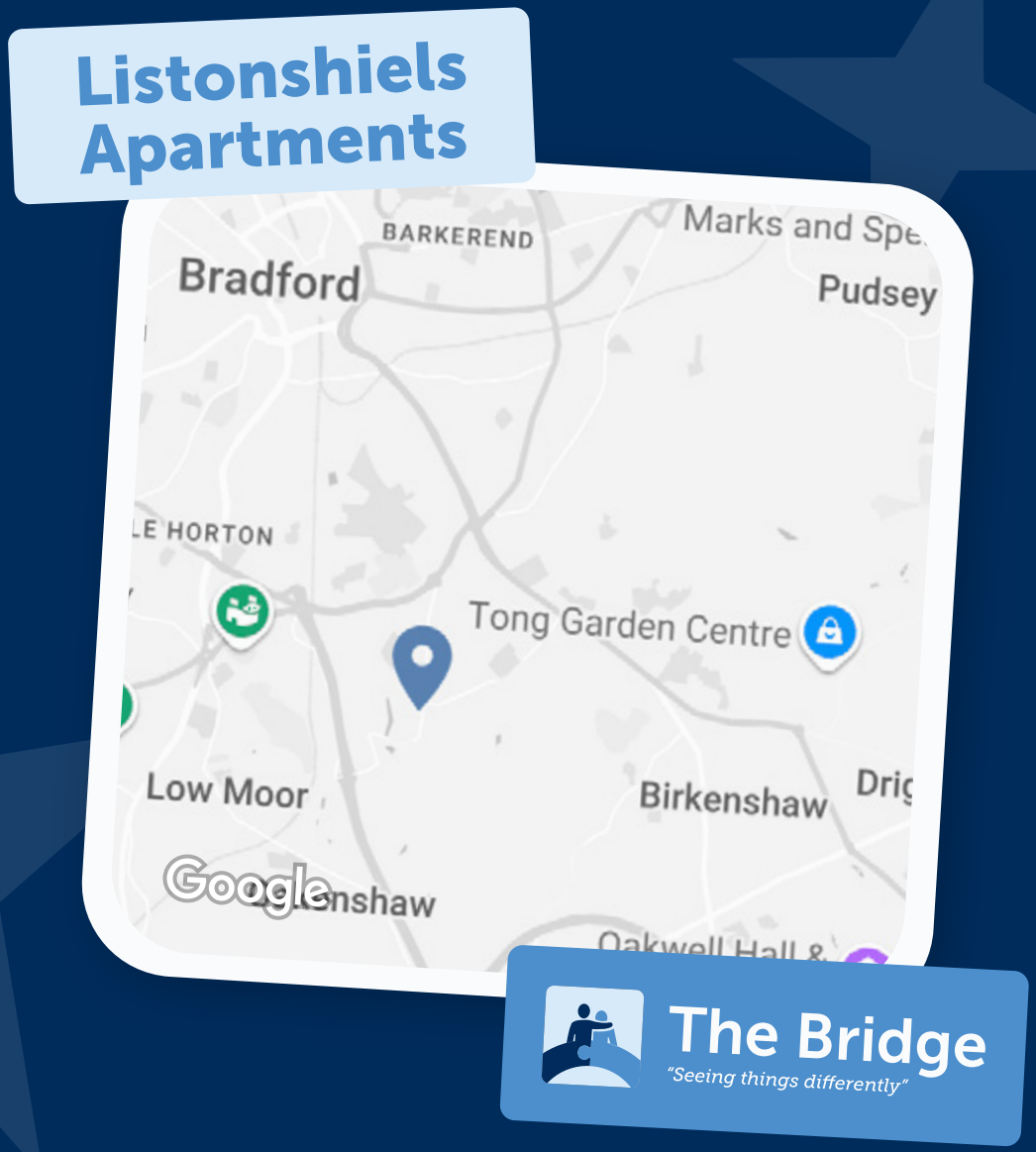
Get In Touch

For more information about us you can visit us at **thebridgecare.com**

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